



News & Views

Rush Presbyterian St. Luke's Nurses Alumni Association

Autumn 1989

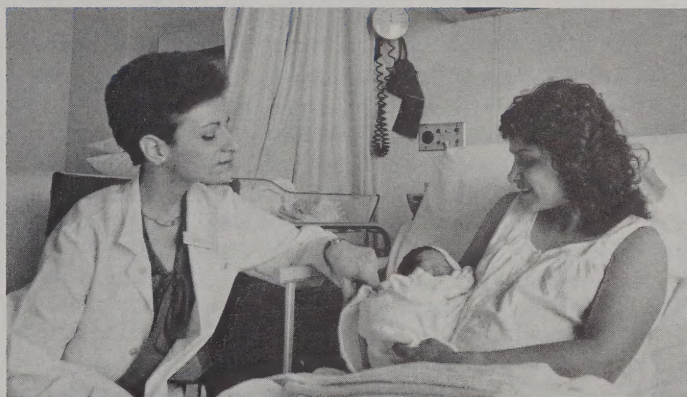
Treating Postpartum 'Blues'

"After Birth: Is There a Better Way to Treat Postpartum Disorders?" recently was published in the *Chicago Tribune* "TempoWoman" section, extensively quoting Diane Semprevivo, R.N., M.N., M.S. Diane graduated from Rush in 1988 with her master's degree in psychiatric nursing. Currently a childbirth education coordinator in the Medical Center's maternal/child nursing department, she is also pursuing her doctoral degree at Rush.

Diane first became interested in the treatment of postpartum depression in 1985 when she saw a bereaved father interviewed on the "Phil Donahue Show." The man's wife had just murdered their newborn baby. The imprisoned mother admitted she had been suffering from a severe, overwhelming depression. Diane struck up a correspondence with the father and later learned that postpartum depression and psychosis were not uncommon among new mothers.

In fact, she discovered that this psychological condition has been around "since the days of Hippocrates." Ironically enough, it is not officially recognized by American psychiatrists or physicians. Moreover, there is a social stigma attached to mothers who experience these feelings—after all, what woman wants to admit that she is feeling violent towards her own child?

In America, when a new mother is treated for a psychi-



Diane Semprevivo, R.N., M.N., M.S.

atric illness, she is immediately separated from her baby and often unable to develop a healthy, loving relationship with the infant. In England, however, the problem is recognized and treated. As part of her clinical doctoral research, Diane worked and studied for three months at Bethlem Royal Hospital which is located in a London suburb.

Diane's research at the Bethlem Royal Hospital resulted in her clinical dissertation, "Conjoint Hospitalization of Postpartum Psychiatric Patients and Their Infants." Since her return from England, she has spoken to several professional nursing groups and social workers on the topic of postpartum depression.

1989 Alumni Award presented to student



Mary Beth Heiting, R.N. '89

Mary Beth Heiting received the 1989 Nursing Alumni Award at the twelfth annual Rush University awards ceremony held the morning of commencement, June 10. The award is presented annually to the outstanding student in the graduating class of baccalaureate degree candidates as selected by the faculty. President Martha J. Mills gave Mary Beth a plaque and check from the Nurses Alumni Association.

Mary Beth entered Rush's undergraduate nursing program in 1987, after completing pre-health coursework at Moraine Valley Community College in Palos Hills, Illinois. While at Rush, she maintained an outstanding academic record and was awarded clinical honors in each of her three senior clinical courses. She received the Undergraduate Nursing Writing Award for a paper entitled "Alcohol and the Adolescent" and was elected to Sigma Theta Tau. She is recognized by faculty members and peers as a true leader.

Following graduation, Mary Beth joined the professional nursing staff at the Medical Center as a staff nurse in the Post-Anesthesia Recovery area. In addition, she began graduate study in medical-surgical nursing this fall.



From the Dean

Kathleen Gainor Andreoli, D.S.N.

It is with great pride that I summarize the accomplishments in nursing at Rush for the past year. These accomplishments could not have happened without teamwork, and I know you share my pride in Rush nurses. They are professional, intellectually curious, clinically proficient, farsighted, hardworking and loyal. These qualities have allowed us to achieve our mission of excellence in nursing education, practice, administration and research. Highlights from the past year include:

- Last fall, the College of Nursing implemented its revised curriculum which includes a graduate entry option. The curriculum was designed to allow applicants multiple entry and exit points, depending on their previous educational experiences.
- In another curriculum transition, we recently received a grant from the Commonwealth Foundation to plan a

News & Views

"News and Views" is a semi-annual publication of the Rush Presbyterian St. Luke's Nurses Alumni Association.

Mailing Address:

Office of Alumni Relations
Rush-Presbyterian-St. Luke's
Medical Center
1700 West Van Buren, Suite 250
Chicago, Illinois 60612
(312) 942-7199

Kimberly R. Graba
Editor

Barbara G. Harfmann
Production Editor

Kathleen Gainor Andreoli, D.S.N.
The John L. and Helen Kellogg Dean
of the College of Nursing
Vice President, Nursing Affairs

Martha J. Mills, M.S., R.N.
President, Nurses Alumni Association

"News and Views" is published by the Office of Philanthropy and Communication for alumni, faculty, staff, students and friends of the Rush University College of Nursing.

Nursing Administration Master's of Science/Master's of Management Graduate Program with the J.L. Kellogg Graduate School of Management at Northwestern University.

- We received \$300,000 from the Independence Foundation last fall to use over a three-year period for nursing scholarships. This year, the Independence Foundation selected us as one of nine private colleges of nursing to be granted a one million dollar endowed chair for nursing education.
- Last year was a record year in funded research projects for faculty members of the College of Nursing. Dr. Janice Zeller was awarded a five-year, \$500,000 training grant to provide research fellowships to pre and postdoctoral students interested in AIDS research. This was the first institutional National Research Service Award given by the National Institutes of Health to prepare nurse scientists for AIDS research. Dr. Deborah Gross was also awarded a \$500,000 training grant to study the behavior of children whose mothers have a psychiatric disorder.
- The Robert Wood Johnson Foundation and The Pew Charitable Trusts awarded us a \$50,000 planning grant for "Strengthening Hospital Nursing." If the plan is successful, we may qualify for an additional one million dollar grant over the following five years.
- A long-term research agenda has been developed to meet our goal of increasing the quantity and quality of nursing research within the College of Nursing. Three faculty groups have been formed to focus on these areas: 1) physiological responses in health and illness; 2) health care delivery systems; and 3) behavioral and psychosocial responses in health and illness. Group goals, with input from senior researchers, include developing research projects, obtaining funding, and assisting beginning researchers in developing research ideas.
- An analysis of nursing service scholarships awarded since 1981 indicated that all 130 scholarship recipients have met their employment obligation, with an average of 3.25 years of service at the Medical Center. Together these nurses have provided us with 423 years of service—far above the 193 years of service initially committed. And 46 nurses continue to add to that total . . .
- Borrowing on this success, we have increased the number of service scholarships to qualified applicants. This is one creative way to maintain our nursing workforce at Rush.

A number of honors, too lengthy to mention, have been awarded our faculty in the way of national offices, admission to the Academy of Nursing and publications. Our track record is impressive.

So, as you can see, your alma mater is busy doing what it does best—advancing nursing in an environment of clinical excellence. We cannot do this alone, however. We need your ideas, your support, and your help. Please keep in touch with us.



From the Association President

Martha J. Mills, M.S., R.N.
Presbyterian-St. Luke's '65

This past year has been full of many exciting changes for the Nurses Alumni Association! I am delighted to be communicating with you through our new, improved "News and Views" publication. I sincerely hope everyone will enjoy it.

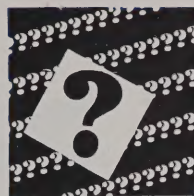
It is a pleasure to report that the Nurses Alumni Association now has access to the services of a part-time staff person, Kim Graba, assistant director of Alumni Relations. Kim may be reached at (312) 942-7199. If you have any comments or suggestions for future issues of this newsletter, please give her a call. Your input is extremely important as we look for new people, programs, and issues to highlight in "New and Views."

Many of you joined us for our Homecoming celebration on June 9th. (Note photos next page.) I think you will agree—a good time was had by all! The College of Nursing hosted a beautiful tea and it was great to visit with alumni who graduated from 60-plus years ago on upward to our most recent graduates. A banquet was held that same evening at the Chicago Hilton and Towers Hotel; over 250 people attended including alumni, guests and faculty from the College of Nursing. Members of the Class of 1939—numbering 20 strong—were the guests of honor and received special recognition.

Please mark your calendar for June 8, 1990—the date of next year's annual Homecoming festivities. Early indication points to an excellent turnout and we hope you can join us. Details will be forthcoming.

The Annual Meeting of the Nurses Alumni Association is almost upon us. On November 4, we will meet for brunch at "Benjamin's," the restaurant located within Rush's own hotel, The Inn at University Village (corner of Ashland and Harrison). Dr. Kathleen G. Andreoli, Vice President of Nursing Affairs and Dean of the College of Nursing, will address our membership.

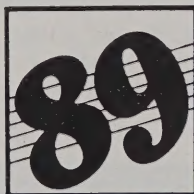
Finally, it is encouraging to report that giving from nursing alumni for the 1988-89 fiscal year totalled over \$33,000. I would like to thank everyone who has contributed. Your gifts enable the College of Nursing to preserve the great tradition in nursing for which Rush-Presbyterian-St. Luke's is known. Your continued interest in and support of our alma mater allows that tradition to live on . . . Thank you for your spirit of generosity.



Do You Know?

. . . the history of your alma mater?

In the last century, two distinct medical institutions were established in Chicago—Presbyterian Hospital (1883) and St. Luke's Hospital (1864). The St. Luke's Hospital Training School of Nurses began in 1885. Then in 1903, the Presbyterian Hospital School of Nursing was founded. Both hospitals were separate institutions until 1956, when they merged to form Presbyterian-St. Luke's Hospital. From 1956 to 1968, nurses were educated at Presbyterian-St. Luke's. In 1969, hospital trustees voted to merge with Rush Medical College when the late Dr. James A. Campbell, then president, said, "Medical education belongs in the mainstream of medical care." The institution was subsequently renamed Rush-Presbyterian-St. Luke's Medical Center. Rush University and its College of Nursing were established in 1972 and now confer the baccalaureate, master's, doctor of nursing and doctor of nursing science degrees.



Mark Your Calendar!

4

Saturday, November 4, 1989

Annual meeting and Brunch of the
Nurses Alumni Association
"Benjamin's" at the Inn
at University Village
(Ashland and Harrison)

11:00 a.m. - 2:00 p.m.

Featured Speaker:

Kathleen Gainor Andreoli, D.S.N.
Dean of the College of Nursing
and Vice President of Nursing Affairs

Registration materials have been mailed to you.

For further information, call Kim Graba at (312) 942-7199.

Homecoming 1989 Leads you back to Rush

June 9, 1989 was the date of the annual alumni homecoming celebration. In the afternoon, the College of Nursing hosted the traditional Nurses Alumni Tea in Room 500 of the Professional Building. Later that same evening, a Banquet was held in the Boulevard Room at the Chicago Hilton and Towers. Rush-Presbyterian-St. Luke's alumni of all ages came from several states to enjoy the festivities. The celebration was capped off the next day with the 17th Commencement of Rush University at Medinah Temple where 148 nursing degrees were presented.



Three generations gather for the Alumni Tea. Seated at the far right is Janice Lambert, R.N. (St. Luke's '24), with her son, Dr. James Lambert; grandson, Douglas Lambert and daughter-in-law, Mrs. Lyn Lambert.



Ruth E. Schmidt, R.N. (Pres. '34), greets fellow board member Greg Klebe, R.N. (Rush '80).



Medical Center President, Leo M. Henikoff, M.D., visits with alumni.

Golden Lamp Society Luncheon



Dr. Eileen McQuaid Dvorak chats with Dr. Luther Christman.

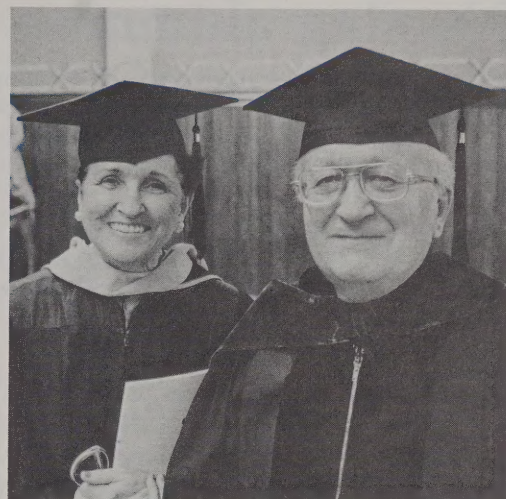
The Annual Meeting and Luncheon of the Golden Lamp Society took place at the Medical Center on Thursday, June 8 as part of the Homecoming activities. Dr. Janet Moore, Chairman of the Society and an associate dean in the College of Nursing, presided over the meeting which was attended by 50 members and guests.

Dr. Moore began the program by introducing several special members—Iceda Close Graff (Pres. '31), Florence Ratajack Lancaster (Pres. '43), and four classmates celebrating their forty-fifth reunion . . . Lois Knight Kroc, Rose Nemecek Yauk, Sarah Z. Brownfield, and Marion R. Van Dyke Clark (Pres. '44). Also recognized were Luther Christman, Ph.D., dean emeritus of the College of Nursing; Jack R. Bohlen, vice president of Philanthropy and Communication at the Medical Center; and Judy Popovich, the 1989 Golden Lamp Society Scholar.

During the meeting, members heard reports from Leo M. Henikoff, M.D., president of the Medical Center and Kathleen Gainor Andreoli, D.S.N., The John L. and Helen Kellogg Dean of the College of Nursing and vice president of Nursing Affairs. Louise Hedstrom, the 1988 Golden



Alumni Association board members gather for a group shot. First row, (l. to r.) Dorothy Hughes, M.S., R.N. (Pres. '53); Ruth E. Schmidt, R.N. (Pres. '34); Martha J. Mills, M.S., R.N. (Pres.-St. Luke's '65); Joyce M. Stoops, M.S., R.N. (Pres. '53); Second row, (l. to r.) Mabel Blakely Behles, R.N. (Pres. '57); Nancy Hayda Mills, M.S., R.N. (Pres.-St. Luke's '65); Sally Brozenec, M.S., R.N. (Rush '77); Greg Klebe, R.N. (Rush '80); Karen Van Dyke Lamb, M.S., R.N. (Pres.-St. Luke's '67 and Rush '82); Jo Ann Young, R.N. (Pres. '53) and Inette Hoxsey Godman, R.N. (Pres.-St. Luke's '61).



Martha J. Mills, M.S., R.N., poses with Philip Kramer, M.D., a 1939 graduate of Rush Medical College.



A sweeping scan of the Banquet.

Lamp Society Scholar, gave members an overview of her dissertation, "Women's Experience of Combining Breast Feeding and Employment."

Dr. Eileen McQuaid Dvorak, a member of Golden Lamp and visiting professor at the Niehoff School of Nursing at Loyola University, was the keynote speaker. In her address, "Projecting the Future from the Past," she told members of several interesting changes in the nursing profession and predicted the challenges that lie ahead. This was based on observations made during her ten years as executive director of the National Council of the State Boards of Nursing.

Dr. Moore brought everyone up to date on Golden Lamp Society activity over the past year. She reported that 32 people joined the Society last year, 27 alumni and five College of Nursing faculty.

The meeting was adjourned on a happy note when she reported that during the course of the luncheon, the Society had added one new member. Russell E. Burck, Ph.D., a member of the faculty of the Department of Religion and Health of Rush's College of Health Sciences, who delivered the invocation, became the 33rd new member for the year. The Chairman ended by thanking all members for their generous support of the College of Nursing.



A special table of guests. From left to right: Iceda Close Graff, R.N.; Melba T. Weber, R.N.; Ruth E. Schmidt, R.N.; Florence Ratajack Lancaster, R.N.; Sarah Z. Brownfield, R.N.; Janet S. Moore, Ph.D., R.N.; Marion R. Van Dyke Clark, R.N.; Lois Knight Kroc, R.N. and Rose Nemecek Yauk, R.N.

Nursing alumni philanthropy

Yearly giving totals

The number of donors and number of gifts increased significantly over the past year. 1988-89 total giving amounted to \$33,003—including 338 gifts from 320 alumni. The gifts were allocated as follows:

\$16,315 to the Golden Lamp Society.*

\$ 2,525 for student assistance, primarily the
Ruth E. Johnsen Memorial Student Loan Fund.

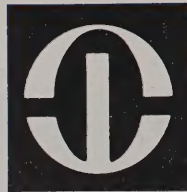
\$ 2,912 for general support of the College.

\$11,251 in support of various other operating purposes
including cancer and geriatric nursing research,
student endowment, and support of Rush Medical
College.

** Total Golden Lamp Society giving for the fiscal year was \$26,000 with 33 new members. Membership in the Society is comprised of faculty and friends of nursing, as well as alumni.*

Memorial gift opportunities

Over the years, the Nurses Alumni Association has received periodic queries regarding memorial gifts in honor of deceased alumni. Should you wish to honor a former classmate or colleague in this special way, please indicate where you would like your gift directed and make your check payable to Rush-Presbyterian-St. Luke's Medical Center. Indicate the name of the alumnus or alumna you are remembering and provide the name and address of surviving next of kin. Your memorial will be acknowledged and the family notified of your gift. Please contact (312) 942-7199 if you have any questions.



Medical Center News

- A preeminent researcher in heart disease and critical care medicine, Joseph E. Parrillo, M.D., joined the Medical Center as director of the section of cardiology and also director of the newly created section of critical care medicine, Department of Internal Medicine, effective July 1. Dr. Parrillo, the James B. Herrick, M.D., Professor of Heart Research, will also serve as medical director of the Rush Heart Institute, now in formation. Hassan Najafi, M.D., chairman of cardiovascular-thoracic surgery, will serve as its surgical director.
- Construction of the new perinatal center, a \$12 million project, is expected to be completed early next year. The Rush Medical Center facility will encompass the sixth floor of six connecting buildings—Murdock, Jones, Link, Pavilion, Kellogg, and Jelke. The new perinatal unit will feature deluxe labor/delivery/recovery suites, family birthing suites which combine a "homey" environment with state-of-the-art monitoring systems, general and special care nurseries, and 26 postpartum rooms, 20 of which are private. An "official" Grand Opening has been slated for spring, 1990.
- The Thomas Hazen Thorne Bone Marrow Transplant Center, the largest, most comprehensive bone marrow transplant program in Illinois, recently expanded from six to ten beds. Over the past five years, more than 130 bone marrow transplants have been performed in the Center. "Our treatment results are as good, and in some cases better than other centers across the country," said director Herbert Kaizer, M.D., Ph.D., The Coleman/Fannie May Candies Professor.

Call for nominations:

1990 Distinguished Alumnus Award

In September of 1988, the Alumni Association Board began discussion on establishing a Distinguished Alumnus Award. A committee was appointed to develop guidelines to present to the board for discussion and approval. At the March 13, 1989 board meeting, the Board approved the criteria for the award as presented by the committee.

All alumni are now invited to submit nominations for the Rush University College of Nursing Distinguished Alumnus Award, to be presented during Alumni Weekend 1990. Graduates from any of the nursing schools or programs associated with Rush-Presbyterian-St. Luke's are eligible for nomination.

The winner will be selected by the awards committee of the Alumni Association Board of Directors. Nominees will be evaluated according to the following criteria: proficiency in practice; leadership and participation in professional organizations; recognition for nursing activities; writing, speaking, publishing and research; and/or involvement in alumni activities. The Board believes this is an excellent way to honor fellow alumni who have contributed significantly to the nursing profession.

Deadline for nomination is May 1, 1990. Please see the enclosed nomination form in this issue of "News and Views." The Board welcomes your nomination.



Class Notes

1941

(St. Luke's) - Evalyn Small Mikes, a former visiting nurse, was quoted in a recent *Chicago Tribune* article "Exhibit Documents Visiting Nurses' Work in the Tenements." The exhibit—featuring photographs, letters, brochures and other memorabilia—documents the history of the Visiting Nurse Association of Chicago. The VNA celebrates its Centennial this year. The exhibit will be on display at the Chicago Historical Society until February 26, 1990.

1983

(M.S.) - Marianne Genge was presented with a scholarship toward her doctoral studies from the National Association of Orthopaedic Nurses (NAON) at their ninth annual conference.

1984

(B.S.) - Kim Skinner Rohan, a Medical Center nurse on 10 Kellogg, received the Bobbie O'Brien Award for Excellence in Oncology Nursing last May. Beginning this year, the award will be presented annually to nurses throughout Rush who provide direct patient care to oncology patients. (Editor's Note: Bobbie O'Brien was a Rush employee who lost a battle against cancer. The award in her name was made possible through an endowment established by family and friends.)

1985

(B.S.) - Barbara Jasionka Gulczynski received her M.S.N. in May and was promoted to clinical instructor, Rush University College of Nursing. She also published an article, "Practical Points in the Care of Patients with Ventricular Arrhythmias," in the June 1989 issue of the *Journal of Post-Anesthesia Nursing*.

1989

(D.N. Sc.) - Sandra E. Gaynor, a practitioner/teacher in the Department of Community Health Nursing at Rush, published an article entitled "When the Caregiver Becomes the Patient" in the May/June 1989 issue of *Geriatric Nursing*.



Tell My Classmates That . . .

We are eager to hear about you! Each issue of "News and Views" will include a Class Notes section. Please use this space to share any interesting news and/or accomplishments, both personal and professional. Space is limited so we must reserve the right to edit all material. Please print or write legibly!

Please mail to: "News and Views"
c/o The Nurses Alumni Association
Rush-Presbyterian-St. Luke's Medical Center
1700 West Van Buren, Suite 250
Chicago, Illinois 60612
Attention: Kim Graba

☐ Presbyterian

☐ St. Luke's

☐ Pres.-St. Luke's

☐ Rush

Signature _____ Class of _____

Autumn 1989



Updates from the College of Nursing

One hundred forty-eight degrees were awarded by the College of Nursing between December 1988 and September 1989. Sixty students obtained the baccalaureate degree, 83 received the Master of Science, and five successfully defended their dissertation research to earn the Doctor of Nursing Science. Class statistics include the following:

- 72% of the baccalaureate graduates began their nursing careers as staff nurses at Presbyterian-St. Luke's Hospital or the Johnston R. Bowman Health Center for the Elderly.
- Three of the five students who completed the D.N. Sc. degree are continuing their nursing careers as faculty members in the College of Nursing. **Elizabeth Carlson** (Dissertation: Differences between baccalaureate and master's prepared home health nurses in clinical decision-making behaviors) is the acting chairperson of medical nursing; **Sandra Gaynor** (Dissertation: Effects of home health care on elderly female caregivers) is a practitioner-teacher in community health nursing; and **Marcia DeWolf** (Dissertation: Clinical Ethical Decision Making: A Grounded Theory) is a practitioner-teacher in medical nursing.
- In addition, **Mary Brucker** (Dissertation: Diffusion of artificial technology among certified nurse-midwives in the United States) is practicing as a nurse-midwife in Texas; and **Edward Goodemote** (Dissertation: Blood pressure changes related to the treatment of sleep apnea syndrome) is a nursing administrator at Lakeland Medical Center in Florida.

In September 1988, the faculty began implementing its revised curriculum. Twenty-eight graduate entry students and 57 undergraduates enrolled in prelicensure courses. The revised curriculum offers multiple entry and exit options, attracting individuals who are either considering

nursing as a second career or pursuing a graduate major following undergraduate liberal arts study. Undergraduate students have also responded positively to the increased flexibility this curriculum affords.

One hundred new students enrolled in the prelicensure program this September—this represents a 15% increase over 1988. The 30 graduate students varied greatly in their career experience and educational backgrounds. Some examples are:

- a 1983 graduate of Brown University who majored in economics and has worked as a systems consultant for Baxter Healthcare Corporation.
- a native of Guam who earned a B.A. in sociology from the University of California - Los Angeles (U.C.L.A.) and an M.P.H. from the University of Hawaii and has worked as a Health Educator for the Guam Department of Health.
- a clinical dietitian who has been a member of the nutrition staff at Rush-Presbyterian-St. Luke's Medical Center.

Graduate curriculum revisions have been completed, and students will continue to work with advisors to construct more flexible and diverse programs of study. Adjustments in the curriculum allow students to develop or respond to new directions in nursing practice. Moreover, these programs of study allow students to exit with a Master of Science (M.S.), a Doctor of Nursing (N.D.) or a Doctor of Nursing Science (D.N. Sc.) degree.

Sixty-five new undergraduates and five baccalaureate completion students make up the new student roster. The entering class represents various racial and ethnic backgrounds and includes six men.

The College of Nursing received \$35,000 from the Helene Fuld Health Trust to upgrade the computer and media equipment in the nursing resource laboratory. The Golden Lamp Society added \$20,000 for computer equipment to support doctoral student research.

The faculty is responding to the nursing shortage in a proactive way—by making nursing an attractive career choice for highly qualified students and by offering educational programs which prepare graduates for leadership in the rapidly changing health care system.

Rush Presbyterian St. Luke's
Nurses Alumni Association
1700 West Van Buren, Suite 250
Chicago, Illinois 60612

Non Profit Org.
U.S. Postage
PAID
Chicago, IL
Permit No. 1207

Have we listed your
name and address
correctly? →